

2019 UHSAA Football Summer Calendar

July 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	2 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	3 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	4 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	5 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	6 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.
7	8 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	9 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	10 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	11 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	12 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	13 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
14	15 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	16 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	17 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	18 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	19 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	20 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
21	22 Summer Regulations, no pads. Padded camps NOT allowed.	23 Summer Regulations, no pads. Padded camps NOT allowed.	24 Summer Regulations, no pads. Padded camps NOT allowed.	25 Summer Regulations, no pads. Padded camps NOT allowed.	26 Summer Regulations, no pads. Padded camps NOT allowed.	27 Summer Regulations, no pads. Padded camps NOT allowed.
28	29 First day of mandatory practice/team selection. Helmets only. Handheld pads & dummies allowed.	30 Helmets only. Handheld pads & dummies allowed.	31 Helmets & shoulder pads, contact with dummies and blocking sleds allowed.			

2019 UHSAA Football Summer Calendar

August 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Helmets & shoulder pads, contact with dummies and blocking sleds allowed.	2 Helmets & shoulder pads, contact with dummies and blocking sleds allowed.	3 Helmets & shoulder pads, contact with dummies and blocking sleds allowed.
4	5 Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.	6	7	8	9	10
11	12	13	14	15	16 Endowment Games	17
18	19	20	21 First Sub-Varsity games may be played	22 First Varsity games that are not endowment games may be played	23	24
25	26	27	28	29	30	31